AMC NY-NoJ Chapter Canoe/Kayak Committee CLASS 1-3 Canoe & Kayak Rating Form

Class 1 (OC1, OC2, K1)

Can paddle on Class 1 water including maneuvering around obstacles such as bridge piers and downed trees. Handles boat competently in current. Is able to paddle in a straight line without changing sides, can move the boat sideways, and rotate it in a circle. For a canoe, this is assumed to be a tandem rating and the paddler should paddle both bow and stern. Kayak must have a reliable wet exit. Knows and practices the AWA Safety Code.

Class 2 (OC1, OC2, K1)

Can pick out and negotiate a route through Class 2 rapids and can assess immediate problems. Can stop forward motion of the boat in current and can "set" right and left. Can do simple eddy turns and ferries. Knows and uses proper river procedures and safety principles, including self-rescue. Acquainted with whitewater phenomena (i.e. eddies, standing waves) and knows their effect on the boat. Can effectively, though not expertly, perform basic strokes (Forward, Back, Forward Sweep, Reverse Sweep, Low Brace, and High Brace. For canoe, also Pry, Draw, "J" Stroke or Stern Rudder). Kayak should be able to demonstrate a roll in controlled conditions.

Class 3 (OC1, OC2, K1)

Proficient in all strokes and maneuvers, including advanced ones. Can pick out and negotiate a course through continuous Class 3 rapids and can handle isolated examples of heavy water. Can use bow-upstream techniques (eddy turns, ferrying, running backwards) in an effective manner. Knows and applies the principles of scouting, lining, placing safety boats and lines, and rescuing others. Able to self-rescue in most situations. Demonstrates progress towards both high and low braces. Kayak should be able to roll in current and have successfully completed at least one emergency ("combat") roll.

To the Observer:

By completing this form, you are certifying that you have personally observed the candidate complete all of the requirements of the class. Merely "surviving" a river does not mean that the paddler has achieved that rating. Observations on multiple rivers and dates may be combined. A recommended rating CANNOT be higher than the river ratings on which the paddler was observed.

711	-
1//	ເວ

AMC NY-NoJ Chapter Canoe/Kayak Committee Canoe & Kayak Rating Form Current Paddler's Name Rating Paddled (check one) Canoe Kayak Current **Observer's Name** Rating River, Section and Class Paddled Date(s) Recommended Rating **Additional Comments**

Please return this form to Rob Holbrook, 31-10 23rd St Apt 5G, Astoria NY 11106 canoekayak.ratings@amc-ny.org